

Prostate Cancer

Symptoms

Main symptoms of prostate cancer

Prostate cancer often has no symptoms at first. Prostate cancer usually starts to grow on the outer part of the prostate. This means it does not press on the tube that carries urine from the bladder to the penis (urethra) and cause symptoms, until the cancer has grown or spread.

If this happens, it can cause changes to the way you pee, such as:

- finding it difficult to start peeing or straining to pee
- having a weak flow of urine
- "stop start" peeing
- needing to pee urgently or often, or both
- feeling like you still need to pee when you've just finished
- peeing during the night
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Other symptoms can include:

- erectile dysfunction (being unable to get or keep an erection)
- blood in your urine or blood in your semen
- lower back pain and losing weight without trying to (these may be symptoms of advanced prostate cancer)



Am I at risk of prostate cancer?

In the UK, about **1 in 8 men will be diagnosed with prostate cancer** in their lifetime. We don't know exactly what causes prostate cancer but there are some things that may mean you are more likely to get it – these are called risk factors.

There are **three main prostate cancer risk factors**, which are things you can't change.

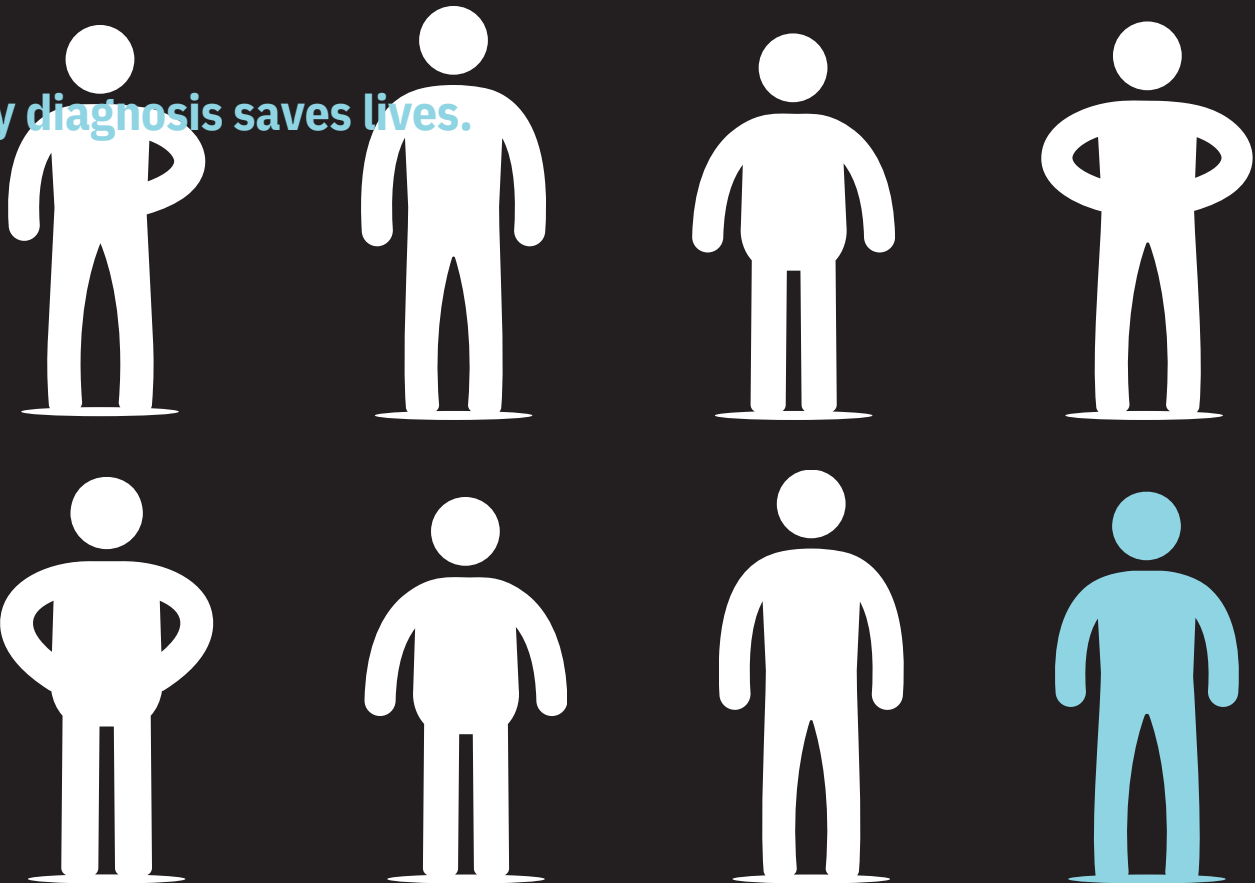
These are:

- Getting older – it mainly affects men aged 50 or over
- Having a family history of prostate cancer
- Being Black.

If you have any of these risk factors or if you have any symptoms, speak to your GP. They can talk to you about your risk, and about the tests that are used to diagnose prostate cancer.

1 IN 8 MEN WILL GET PROSTATE CANCER

Early diagnosis saves lives.



Speak to our Specialist Nurses
0800 074 8383*
prostatecanceruk.org



**PROSTATE
CANCER UK**



Check your risk of
prostate cancer
in 30 seconds.

prostatecanceruk.org/risk8

Statistics are for men in the UK
Call our Specialist Nurses from Mon to Fri 9am - 5pm, Wed 10am - 5pm
*Calls are recorded for training purposes only.
Confidentiality is maintained between callers and Prostate Cancer UK.

Prostate Cancer UK is a registered charity in England and Wales (1005541)
and in Scotland (SC039332). Registered company number 02653887.

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